



Serving our students healthy and nutritious meals that meet or exceed the USDA guidelines for a complete meal.
Meals include 1 entrée, 1 cup of fruit and/or vegetable and milk.

MIDDLE SCHOOL OCTOBER CAFE MENU

Committed to Excellence

STUDENT LUNCHESES \$4.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>CHICKEN CHEESESTEAK SANDWICH MEATBALL SANDWICH</p> <p>CHICKEN NUGGETS/BISCUIT <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes GARDEN SALAD GREEN BEANS</p>	<p>4</p> <p>NACHOS GRANDE GRILLED CHICKEN SANDWICH</p> <p>PIZZA SLICE <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes SEASOEND RICE SWEET BUTTERY CORN</p>	<p>5</p> <p>CHEESE QUESADILLA BBQ POPCORN CHICKEN</p> <p>CHICKEN NUGGETS/BISCUIT <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes FRENCH FRIES CARROTS</p>	<p>6</p> <p>SLOPPY JOE SANDWICH SPICY CHICKEN TENDERS</p> <p>PIZZA SLICE <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes POTATO SMILES PEAS</p>	<p>7</p> <p>BIG DADDY'S PIZZA FISH STICKS/BISCUIT</p> <p>CHICKEN NUGGETS/BISCUIT <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes ROASTED VEGETABLES CAESAR SALAD</p>
<p>10</p> <p><i>Teacher in Service Day</i></p> <p><i>No School</i></p> 	<p>11</p> <p>SAUSAGE EGG & CHEESE ON A BAGEL FRENCH TOAST STICKS WITH SAUSAGE PIZZA SLICE <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes TATER TOTS WARM APPLE SLICES</p>	<p>12</p> <p>HOT ROAST BEEF SANDWICH PEPPERONI & CHEESE ON A PRETZEL BUN CHICKEN NUGGETS/BISCUIT <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes FRENCH FRIES PEAS</p>	<p>13</p> <p>CHEESEBURGER MAC & CHEESE POPCORN CHICKEN WITH A GARLIC STICK PIZZA SLICE <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes GARDEN SALAD GREEN BEANS</p>	<p>14</p> <p>BIG DADDY'S PIZZA BBQ CHICKEN WINGS GARLIC STICK CHICKEN NUGGETS/BISCUIT <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes ROASTED VEGETABLES CAESAR SALAD</p>
<p>17</p> <p>SEASONED BAKED CHICKEN WITH A BREAD STICK CHEESESTEAK SANDWICH</p> <p>CHICKEN NUGGETS/BISCUIT <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes GARDEN SALAD PEAS</p>	<p>18</p> <p>NACHOS GRANDE HOT HAM & CHEESE ON A BUN</p> <p>PIZZA SLICE <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes SEASONED RICE SWEET BUTTERY CORN</p>	<p>19</p> <p>PIZZA STICKS WITH MARINARA SAUCE HOT TURKEY SANDWICH</p> <p>CHICKEN NUGGETS/BISCUIT <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes SEASOEND FRENCH FRIES SEASONED CARROTS</p>	<p>20</p> <p>PLAIN OR CHILI HOT DOG CHICKEN TENDERS/BISCUIT</p> <p>PIZZA SLICE <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes KINGSWAY'S BAKED BEANS POTATO SMILES</p>	<p>21</p> <p>BIG DADDY'S PIZZA FISH STICKS/BISCUIT</p> <p>CHICKEN NUGGETS/BISCUIT <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes ROASTED VEGETABLES CAESAR SALAD</p>
<p>24</p> <p>CHICKEN ALFREDO WITH A BISCUIT BBQ RIB SANDWICH</p> <p>CHICKEN NUGGETS/BISCUIT <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes GARDEN SALAD PEAS</p>	<p>25</p> <p>SOFT SHELL TACO SPICY CHICKEN PATTY</p> <p>PIZZA SLICE <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes SEASONED RICE SWEET BUTTERY CORN</p>	<p>26</p> <p>BACON CHEESEBURGER BBQ/BUFFALO CHICKEN WINGS</p> <p>CHICKEN NUGGETS/BISCUIT <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes SEASONED FRENCH FRIES GREEN BEANS</p>	<p>27</p> <p>SWEET & SOUR CHICKEN GRILLED HAM & CHEESE</p> <p>PIZZA SLICE <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes LO MEIN MIXED ASIAN VEGETABLES</p>	<p>28</p> <p>BIG DADDY'S PIZZA BUFFALO CHICKEN RANCH WRAP CHICKEN NUGGETS/BISCUIT <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes ROASTED VEGETABLES CAESAR SALAD</p>
<p>31</p> <p>RAVIOLI WITH A SEASONED BISCUIT PULLED PORK SANDWICH</p> <p>CHICKEN NUGGETS/BISCUIT <i>Line 3 Dragon Café</i> PIZZA, CHICKEN PATTY, SPICY PATTY, ASSORTED HOT WRAPS WITH FRIES Lunch Includes GARDEN SALAD CARROTS</p>		<p>DAILY ASSORTED HOAGIES ITALIAN HAM AND CHEESE TURKEY AND CHEESE BUFFALO</p> <p>DAILY ASSORTED SANDWICHES TURKEY AND CHEESE CHEESE SANDWICH TURKEY BLT</p>	<p>DAILY ASSORTED SALADS SOUTHWEST GARDEN CHICKEN BACON RANCH BUFFALO CHICKEN</p> <p>Questions/Concerns haynesh@krsd.us 856-467-3300 x4227</p>	 <p>School meals will cost \$4.00 in the 2022-2023 school year.</p> <p>Meal benefit applications are available online or call the food service department</p>