




Serving our students healthy and nutritious meals that meet or exceed the USDA guidelines for a complete meal.
Meals include 1 entrée, 1 cup of fruit and/or vegetable and milk.

HIGH SCHOOL OCTOBER CAFE MENU

Committed to Excellence

STUDENT LUNCHES- \$4.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! CHICKEN ALFREDO with A BISCUIT Lunch Includes GARDEN SALAD GREEN BEANS</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>4</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! NACHOS GRANDE</p> <p>Lunch Includes SEASONED RICE SWEET BUTTERY CORN</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>5</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! PIZZA STICKS with MARINARA SAUCE Lunch Includes FRENCH FRIES CARROTS</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>6</p> <p>Buffalo Dip Day! Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! PLAIN OR CHILI HOT DOG</p> <p>Lunch Includes KINGSWAY'S BAKED BEANS POTATO SMILES</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>7</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! CICONTE'S PIZZA</p> <p>Lunch Includes ROASTED VEGETABLES CAESAR SALAD</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>
<p>10</p> <p>Teacher in Service Day</p> <p>No School</p> 	<p>11</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! CHICKEN CHEESESTEAK SANDWICH Lunch Includes SEASONED RICE BUTTERY CORN</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>12</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! BACON CHEESEBURGER</p> <p>Lunch Includes SEASONED FRIES GREEN BEANS</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>13</p> <p>Buffalo Dip Day! Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! SWEET & SOUR CHICKEN</p> <p>Lunch Includes LO MEIN MIXED ASIAN VEGETABLES</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>14</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! BIG DADDY'S PIZZA</p> <p>Lunch Includes ROASTED VEGETABLES CAESAR SALAD</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>
<p>17</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! CHICKEN CHEESESTEAK</p> <p>Lunch Includes FRENCH FRIES GREEN BEANS</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>18</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! NACHOS GRANDE</p> <p>Lunch Includes SEASONED RICE BUTTERY CORN</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>19</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! CHEESE QUESADILLA</p> <p>Lunch Includes FRENCH FRIES CARROTS</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>20</p> <p>Buffalo Dip Day! Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! SLOPPY JOE SANDWICH</p> <p>Lunch Includes POTATO SMILES PEAS</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>21</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! CICONTE'S PIZZA</p> <p>Lunch Includes ROASTED VEGETABLES CAESAR SALAD</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>
<p>24</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! CHEESEBURGER MAC & CHEESE</p> <p>Lunch Includes CAESAR SALAD PEAS</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>25</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! SAUSAGE EGG & CHEESE ON A BAGEL Lunch Includes TATER TOTS WARM APPLES</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>26</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! HOT ROAST BEEF SANDWICH</p> <p>Lunch Includes FRENCH FRIES PEAS</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>27</p> <p>Buffalo Dip Day! Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! HOT TURKEY SANDWICH</p> <p>Lunch Includes STUFFING GREEN BEANS</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>28</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! CICONTE'S PIZZA</p> <p>Lunch Includes ROASTED VEGETABLES CAESAR SALAD</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>
<p>31</p> <p>Line 1- Chicken Coop! PLAIN/SPICY CHICKEN PATTIES WITH THE SIDE OF THE DAY</p> <p>Line 2 and 3- Main Meals! RAVIOLI WITH A SEASONED BISCUIT Lunch Includes GARDEN SALAD CARROTS</p> <p>Line 5- Pizza Room! ASSORTED PIZZA with FRIES Line 4 and 6- Grab & Go Meals</p>	<p>DAILY ASSORTED HOAGIES ITALIAN HAM AND CHEESE TURKEY AND CHEESE BUFFALO</p> <p>DAILY ASSORTED COLD WRAPS CHICKEN CAESAR BUFFALO ITALIAN</p>	<p>DAILY ASSORTED SANDWICHES TURKEY AND CHEESE HAM & CHEESE PB&J</p> <p>DAILY ASSORTED SALADS SOUTHWEST GARDEN CHICKEN BACON RANCH BUFFALO CHICKEN</p>	<p>Every Thursday is... Buffalo Chicken Dip Day! Available on Line 1 and 6</p> <p>Pre-order your buffalo dip at foodservices@krsd.us</p>	 <p>School meals will cost \$4.00 in the 2022-2023 school year. Meal benefit applications are available online or call the food service department</p> <p>Questions/Concerns haynesh@krsd.us 856-467-3300 x4227</p>